METROPOLITAN SAFETY COUNCIL, INC.

Your safety & health training center since 1950

Defensive Driving 4-Hour Course (DDC4)

The National Safety Council's Defensive Driving Course was the first driver improvement course in the nation. Since 1964, more than 80 million drivers worldwide have taken it, and the ranks are growing by more than a million a year. Over 60 years later, this course still sets the standard for driver improvement training.

DDC4 is used for a variety of reasons:

- ✓ Court referrals. DDC4 is accepted by many of the traffic courts nation-wide for traffic offenses. Most courts do not accept online courses. Our DDC4 is an in-person course.
- ✓ Company drivers. Motor vehicle crashes are the leading cause of worker death in the U.S. Lawsuits can be financially devastating and not always covered by insurance. DDC4 can help prevent such losses by preventing crashes and tickets.
- ✓ Insurance discounts. Most auto insurance companies offer a discount for drivers who complete DDC4. Check with your personal insurance agent to determine if you qualify.
- ✓ Refresher. This four-hour driver improvement program that also makes an ideal refresher course for any driver.

In just half a day, DDC4 offers practical strategies to reduce collision-related injuries, fatalities, and costs. It addresses the importance of attitude and responsibility in preventing accidents and reinforces the good driving skills students already have. Most importantly, DDC4 shows students the consequences of the choices they make behind the wheel and puts defensive driving in a personal context.

COURSE CONTENT

Session 1
- What's In Our Control
- What Can Happen
- Defensive Driving
- Collision Prevention
- Occupant Safety
- Vehicle Maintenance

Session 2
- Sharing the Road
- Hazard Recognition
- "What If" Strategy
- Speeding
- Aggressive Driving
- Following Too Closely

Session 3
- Distracted Driving
- Vehicle & Lane Management
- Alcohol & Drug Impairment

Session 4
- Drowsy Driving
- Recognize the Hazard
- Make the Right Choice
- My Driving Habits
- Alternative Choices
- My Plan
- Review, Test

FEE FOR SCHEDULED COURSES HELD AT COUNCIL OFFICE
- Effective 1/1/2023 **$70 per person** payable by cash, money order or major charge debit/credit card.
- Advanced registration required. Online registration at www.metrosafety.org.
- Prices are subject to change without notice.
- Available onsite. Ask for details.

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