



South Louisiana Chapter  
New Orleans

## NSC First Aid & Adult CPR & AED Course

Monday, February 13, 2012, 8am – 3:30pm

### REGULATORY REQUIREMENTS

The Code of Federal Regulation for General Industry, CFR 1910.151(b) Medical Services and First Aid, states: “(b) In the absence of an infirmary, clinic, or hospital in near proximity to the workplace which is used for the treatment of all injured employees, a person or persons shall be adequately trained to render first aid...” Also, Louisiana Department of Labor Workers’ Compensation 10-Point Safety Plan requires a trained person on every jobsite on every shift. (The full text and clarification of training requirements can be found at <http://www.osha.gov> and [http://www.laworks.net/WorkersComp/Safety/OWC\\_10pointsafety.asp](http://www.laworks.net/WorkersComp/Safety/OWC_10pointsafety.asp) respectively.) With few exceptions, every employer, regardless of size, is required to have enough employees trained in First Aid & CPR to quickly respond to the hazards which can be reasonably expected to occur in the workplace.

### IS YOUR COMPANY PREPARED?

National Safety Council’s 8-Hour Standard First Aid & Adult CPR Course meets the CFR 1910.151 OSHA Standard, Coast Guard and most Workers’ Compensation Insurance requirements. Instructors are certified by the National Safety Council.

### FACTS AND STATS – Each year

- 2 million are hospitalized because of injuries
- 140,000 die from injuries
- 150,000 die from strokes
- 500,000 die from heart attacks
- Motor vehicles crashes cause about 40,000 deaths

### CONTENTS

- |                                 |                                     |                                      |
|---------------------------------|-------------------------------------|--------------------------------------|
| ➤ Why Learn First Aid/CPR/AED   | ➤ Heart Attack & Stroke (Adult CPR) | ➤ Poisoning                          |
| ➤ Legal Issues                  | ➤ Use of AEDs                       | ➤ Burns                              |
| ➤ Disease Precaution            | ➤ Choking                           | ➤ Heat & Cold Emergencies            |
| ➤ Intro to Bloodborne Pathogens | ➤ Shock                             | ➤ Rescuing & Moving Victims          |
| ➤ Victim Assessment             | ➤ Bleeding & Wound Care             | ➤ Includes Text, DVD & Pocket Guide  |
| ➤ Scene Survey                  | ➤ Serious Injuries                  | ➤ NSC Certificates Valid for 2 Years |
|                                 | ➤ Splinting & Bandaging             |                                      |

### FEE PER PERSON (Effective 1/1/12)

**\$60\* Member**

**\$75\* Non-Member**

### ADD BLOODBORNE & AIRBORNE PATHOGENS

**\$20\* Member**

**\$25\* Non-Member**

- |  |  |                         |
|--|--|-------------------------|
| ➤ 3:30pm – 4:30pm                                  | ➤ Influenza Pandemic                   | ➤ Recordkeeping         |
| ➤ Entire Text of OSHA Standard & Glossary of Terms | ➤ Steps to Reduce Exposure             | ➤ Exposure Control Plan |
| ➤ HBV, HCV, HIV & TB                               | ➤ Needle Stick Safety & Prevention Act | ➤ NSC Certificate       |

### \*NOTE

- Price per person. Advanced registration required. Cancellation may forfeit a portion of course fee.
- On-site classes available with minimum 12. Travel expenses to your facility additional.
- Restrictions apply. Prices subject to change without notice.
- Not a National Safety Council member? Visit [www.metro-safety.org](http://www.metro-safety.org) for more information.

**National Safety Council, South Louisiana Chapter**

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