



*South Louisiana Chapter  
New Orleans*

# Ergonomics: Managing for Results

Thursday, July 8, 2010

8 am – 4 pm

Repetitive motion and overexertion are the biggest risk factors facing American workers today. We'll show you how to reduce the number and severity of musculoskeletal injuries in your workplace with a practical and effective ergonomics program.

## Training goal

Take control of the #1 cause of workplace injuries reduce costs and improve employee morale.

## Who should attend?

Business owners, employers, supervisors, managers or employees will benefit from this course.

## What you'll learn:

- Learn the basic concepts relating of ergonomics in the workplace.
- Gain skills to recognize ergonomic risk factors related to Musculoskeletal Disorders (MSDs).
- Determine how to conduct an ergonomic worksite analysis, and evaluate and rank hazards.
- Assess various control methods, and select the method best suited to the level of risk.
- Identify steps to implementing a successful ergonomics program at your workplace.

### 1-Day Course

**0.6 NSC CEUs/0.6 COCs/1.0 IH CMs (Approval #03-2805)**

**Fee: Member \$295  
Nonmember \$385**

**National Safety Council, South Louisiana Chapter**  
4713 Utica Street, Metairie, LA 70006  
Phone: 504-888-7618, 800-N-SAFETY, Fax: 504-888-7612, 866-698-1685  
Email: [info@metrosafety.org](mailto:info@metrosafety.org)  
Website: [www.metrosafety.org](http://www.metrosafety.org)