



*South Louisiana Chapter  
New Orleans*

## **Defensive Driving Course – Alive at 25**

National Safety Council introduces the Defensive Driving Course (DDC)-Alive at 25. This young driver intervention program zeroes in on drivers between the ages of 16 and 24 - the group most likely to be involved in fatal collisions. This highly interactive four-hour program teaches young drivers how to take control of situations by taking responsibility for their own driving behavior.

**Vehicle crashes are the #1 cause of death for people between the ages of 16 and 24.** The National Safety Council, a leader in driver improvement training for nearly 50 years, developed DDC-Alive at 25 to specifically target drivers in this age group.

Our DDC-Alive at 25 instructors use personal examples and even humor to get their point across. They use workbook exercises, interactive media segments, group discussions, role-playing, and short lectures to help young drivers develop convictions and strategies that will keep them safer on the road.

Since 1995, more than 400,000 young adults have learned life-saving defensive driving skills through DDC-Alive at 25. In a recent study by the Colorado State Patrol, 93% of DDC-Alive at 25 participants said they would change their driving behavior. Courts nationwide use DDC-Alive at 25 in their violator programs. Schools use DDC-Alive at 25 for parking permits. Some states require DDC-Alive at 25 in their graduated drivers licensing (GDL) system. Most Louisiana insurance companies recognize DDC-Alive at 25 for good driver discounts. (Check with your insurance agent.)

### **DDC-Alive at 25 teaches young adults that:**

- People in their age group are more likely to be hurt or killed in a vehicle crash.
- Inexperience, distractions and peer pressure cause unique driving hazards.
- Speeding, alcohol, and "party drugs" greatly increase their risk of injury or death.
- As a driver or passenger, they can greatly reduce their risk by taking control.
- Committing to changing their driving behavior makes personal, legal, and financial sense.

**Course Fee: \$35 per participant.** The fee Includes workbook and certificate of completion.

Visit [www.metro-safety.org](http://www.metro-safety.org) for class schedule and information about how a grant may pay your course fee.

